

CALIFORNIA FOOTBALL OFFICIALS ASSOCIATION
RULES FIVE, SIX AND SEVEN
2009 FEDERATION RULES

NAME: _____ ROOM NO. _____
SCORE: _____

DIRECTIONS: Transfer your answers to the answer sheet and DARKEN the correct answer. If any part of the question is false the entire item is false.

1. The ball belongs to R, if during any scrimmage down, K legally kicks and the ball is recovered by R, is in joint possession of opponents, or goes out of bounds. (5-1-3a)
2. A scrimmage kick formation is a holder at least 7 yards behind the LOS with his knee on the ground, and a kicker within 3 yards behind the holder. (2-14-2) (7-2-5)
3. A scrimmage kick formation is also at least one player 10 yards or more behind the LOS in position to receive a long snap. (2-14-2) (7-2-5)
4. The right of R to take the ball at the spot of first touching is cancelled if R touches the kick and then commits a foul during the down, or if any penalty is accepted during the down (5-1-6)
5. A player of A, in motion before the snap, shall not be moving toward the line of scrimmage when the ball is snapped. When the player changes direction from lateral to forward, a false start should be called if possible. (7-1-7a)
6. K may recover a free kick and retain possession before it travels 10 yards only if R is first to touch the kick. (6-1-5)
7. If K's free kick goes out of bounds from the field of play before it is touched by R it is a foul and R may choose to have the kick repeated after a five penalty, put the ball in play 25 yards beyond K's free kick line or put the ball in play at the inbounds line on the yard line where the ball went out of bounds. (6-1-8)(4-3-2)(4-3-6)
8. If K is first to touch a free kick in flight it is kick catching interference. (6-5-6a)
9. A legal scrimmage kick formation involving a kicker and place-kick holder, may utilize only one player not numbered 50-79 in the interior line on 1st, 2nd, or 3rd down, and that player must snap the ball and be positioned between the ends. (2-14-2) (7-2-5)
10. Any receiver may signal for a fair catch while any legal kick is in flight. (6-5-1)
11. After a receiver has given a fair catch signal no receiver may advance the ball unless the ball has been touched by K. (6-5-5)
12. After a fair catch or awarded fair catch the receivers may choose to put the ball in play by a snap or free kick anywhere between the inbounds lines on the yard line through the spot of the catch or the spot of the interference. If a free kick is chosen, it may score a field goal.(6-5-4)(4-3-6)(8-4-1)
13. When a receiver gives an invalid fair catch signal the foul will be enforced from the previous spot. (6-5-7)(10-4-3)
14. After the ball is marked ready for play, each player of A who participated in the previous down and each substitute for A must have been, momentarily, between the 9-yard marks, before the snap. (7-2-1)

- () 15. The snapper may not remove both hands from the ball after the ready for play, but he may remove one hand as long as he doesn't simulate a snap. (7-1-3)
- () 16. Both types of scrimmage kick formations allow A or K to utilize the numbering exception on 4th down or trys. (2-14-2) (7-2-5)
- () 17. If a false start caused B to encroach only the false start is penalized. (7-1-8)
- () 18. At the snap, in order to be eligible to catch a forward pass, a player of A must be numbered other than 50-79 and must be lined up on the end of the line or legally in the backfield. (7-5-6a)
- () 19. An ineligible receiver, 10 yards downfield, who catches a forward pass before the ball has been touched by B has committed pass interference. (7-5-13)
- () 20. The enforcement spot for an illegal forward pass is the spot of the pass. (7-5-3)(10-3-2)(10-4-4)
- () 21. Illegal touching of a legal forward pass is penalized five yards plus loss of down according to the all but one principle with the previous spot being the basic spot. (10-4-2b)(7-5-13)
- () 22. 4th and 5 from the B-30. A gains 4 yards before being tackled. During the play, B commits an unsportsmanlike act. RULING: 1st and 10 for A from the B-13. (5-2-b)
- () 23. Eligible pass receiver A-81 is blocked by B-22 10 yards downfield well away from the direction of A's legal forward pass to the other side of the field. This is defensive pass interference. (7-5-11c)
- () 24. 4th and 5 from the B-30. A gains 4 yards before being tackled. During the tackle, B pulled A down by the facemask. RULING: 1st and 10 for A from the B-13. (5-2-b)
- () 25. Quarterback A 11, rolling to his right, finds no receivers open. He throws the ball to the ground as the defense is closing in on him. He may legally throw the ball away when his receivers are all covered and he is out of the "pocket". (7-5-2d)